

Nourish and Revive, LLC

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By submitting payment, this acts as a signature for the following statements, acts as a hold-harmless agreement and the following disclaimer: You agree to a brief nutritional evaluation and education on how the program works. NUTRITIONAL THERAPY INFORMED CONSENT AND DISCLAIMER for Nourish and Revive, LLC: Heidi Jo Rickard, Nutritional Therapy Consultant. Before you choose to use the services of a Nutritional Therapy Consultant, please read the following information FULLY AND CAREFULLY. By submitting payment, I confirm that I have read and fully understand the above disclaimer and the program agreement, and am in complete agreement thereto and do freely and without duress sign hold harmless and consent to all terms contained herein.

GOAL: Our goal is to encourage people to become knowledgeable about and responsible for their own health, and to bring it to a personal optimum level. Nutritional therapy is designed to improve your health, but is not designed to treat any specific disease or medical condition. Reaching the goal of optimum health, absent other non-nutritional complicating factors, requires a sincere commitment from you, possible lifestyle changes, and a positive attitude. As a Nutritional Therapy Consultant, I am trained to evaluate your nutritional needs and make recommendations of dietary changes and suggest nutritional supplements. As a Healing Master, I am trained to promote relaxation, lower stress levels, help to relieve the symptoms of pain and promote the overall healing process. Nourish and Revive, LLC is not trained to provide medical diagnoses, and no comment or recommendation should be construed as being a medical diagnosis.

HEALTH CONCERNS: If you suffer from a medical or pathological condition, you need to consult with an appropriate healthcare provider. Nourish and Revive, LLC is not a substitute for your family physician or other appropriate healthcare provider nor is licensed to diagnose or treat pathological conditions, illnesses, injuries, or diseases. We offer no treatment or cure of conditions or disease.

Nutritional therapy may be a beneficial adjunct to more traditional care, and it may alter your need for medication, so it is important you always keep your physician informed of changes in your nutritional program. If you are using medications of any kind, you are required to alert Nourish and Revive, LLC to such use, as well as to discuss any potential interactions between medications and nutritional products with your doctor/pharmacist. You agree to discuss all supplementation protocol recommendations with your doctor before usage. If you have any physical or emotional reaction to nutritional therapy, discontinue their use immediately, and contact your doctor and Nourish and Revive, LLC to ascertain if the reaction is adverse or an indication of the natural course of the body's adjustment to the therapy.

I certify that I am not pregnant and if I become pregnant will notify my doctor and Nourish and Revive, LLC immediately to review the recommended protocols. I certify that I am 18 years old or older.

LICENSURE: Heidi Jo Rickard, NTC- Nutritional Therapy Consultant is not licensed or certified by any state. A Nutritional Therapy Consultant™ is trained by the internationally recognized Nutritional Therapy Association, Inc.®

**Return Policy:** No Refunds

**Privacy Policy:** See privacy document on website